

TEEN PROGRAMS: BRIEF SYNOPSIS

PROGRAM/ACTIVITY	DAYS	TIMES	AGES	LOCATION	SYNOPSIS
TEEN FITNESS PROGRAM	M-W	10AM-12PM	13 & UP	CRUNCH FITNESS (Garden Grove)	Partnering with CRUNCH FITNESS, a local gym, teens will create a workout plan with Staff, develop measurable outcomes and goals, and utilize the CRUNCH FITNESS' gym equipment in a supervised environment. <i>There is a MONTHLY FEE for this program (\$20 per month OR \$30 for 2 months).</i>
KEYSTONE	M	1-2PM	13 & UP	TEEN CENTER	Our leadership & character teen program at the Club, Keystone provides leadership sessions and lessons through interactive activities and games, while staying focused on fundraising and preparing Keystone teens for this year's Keystone Conference in July 2022. <i>Teens MUST attend our Keystone Program in order to attend the Keystone Conference.</i>
CHEF AFFAME	M	4-5PM	12 & UP	KITCHEN	Utilizing our Club kitchen, teens will learn basic culinary skills and knowledge while preparing various entrees, appetizers and desserts.
SPORTS LEAGUE	TUES	1-2PM	12 & UP	GYM	Teens can join in and engage in various sports in our Gym at the Club. From soccer to volleyball to basketball, teens will be able to build friendships and athletic skills through our team sports.
BOWLING LEAGUE	TUES	1-2:30PM	12 & UP	LINBROOK BOWL	Collaborating with Linbrook Bowl (201 S Brookhurst St, Anaheim), teens will be able to learn basic bowling skills and etiquette in a coaching environment. Weekly statistics will be recorded and instruction given as well. <i>There is a WEEKLY FEE for this program (\$5 per week for 3 games and shoe rentals)</i>
GAUNTLET OF GAMES	TUES	4-5PM	12 & UP	TEEN CENTER	Teens can take part in a myriad of individual and/or team-based games and activities at our Teen Center for prizes and rewards.
PASSPORT TO MANHOOD	W	1-2:30PM	12 & UP	TEEN CENTER	For teen boys only, Passport To Manhood is a collection of sessions aimed to engage young teen boys in discussions and activities that reinforce character, leadership and positive behavior to help each teen mature into young men.
TEEN ART PROGRAM	W	1-2PM	12 & UP	ART ROOM	From painting to watercolors to crafts, teens can experience a diversity of creative expression in our Teen Art Program.
SUMMER THEMED ACTIVITY	W, F	4-5PM	12 & UP	TEEN CENTER	In connection with the Boys & Girls Club of Stanton's summer theme of "Through The Decades," teens will be highly encouraged to participate in various decade themed activities from the 1920s, 1950s, 1960s to the 2020s.
TEEN FITNESS FRIDAYS	F (Bi-weekly)	10AM-12PM	13 & UP	TEEN CENTER	This will be a supplemental resource to those teens involved in the Teen Fitness Program at the Club. Teens will receive additional fitness-related instruction at the Club. This will be bi-weekly on Fridays.
MOVIE DAY FUNRAISER	F (Bi-weekly)	10AM-12PM	13 & UP	ART ROOM	In conjunction with Keystone, teens will plan, supply and run a Movie Day for youth at the Club to help raise funds for their Keystone Conference in July 2022. This will be a bi-weekly fundraiser on Fridays.
SOCIAL REC	M-F	5-6PM	12 & UP	TEEN CENTER, GAMESROOM	Teens can use this time to utilize the resources and games in the Teen Center and at the Club, playing games such as board games to video games to small scale high yield activities.