**Kids Café Fun-4**

**Yogurt Banana Split**

Vanilla Yogurt (whipped) Chocolate Yogurt (whipped)

Strawberry Yogurt (whipped) Banana

Chopped Pineapple chopped strawberries

Chocolate syrup maraschino cherries

Honey granola Whip cream

Sprinkles

Totally can make this for Breakfast or Dessert. A little healthier from using ice cream. Just have fun! If you never have made a banana split before here is what to do. Get your self a bowl or dish. Peel and slice banana in half lengthwise. Add a scoop of each yogurt, side by side. (whipped yogurt works best but you can just use plain vanilla) On top of each yogurt scoop add fresh fruit. (ie: strawberries on strawberry, etc…..) Dab each with whip cream, add cherries, granola, sprinkles. Grab a couple extra spoons to share!

**Pancake Muffins**

1 box/bag pancake mix Ingredients needed for pancakes

Whatever ingredients you want to add IE: blueberries, chocolate chips, cheese, bacon, spinach, banana,,,,,almost anything!

Have a cupcake/muffin tin. Non stick cooking spray

Syrup & butter (optional)

Pre heat oven to 400 degrees. Mix pancake batter(following instructions on box/bag) Spray muffin tin. Pour pancake batter into each muffin cup till about ¾ full. Add a few of your toppings or leave plain. (mmmm blueberries) Bake for about 10 to 12 minutes. Enjoy your pancake cupcake, with syrup or butter, even some honey would work.

Great Breakfast idea!!!

**Smoothie’s**

You can adjust this recipe on what fruits you like. We are going to go with Strawberry banana. What you will need. A Blender. A couple of cups. (maybe more) 1 large cup of Frozen Strawberries (work best), 1 Fresh whole peeled banana. Cup of yogurt (Greek yogurt is better), Cup of milk (may substitute with almond milk and anything similar that’s non dairy if needed)

Blend ingredients. If too thick add a little more milk or even some water. If to thin add a few more frozen fruit or ice. You can use almost any kind of fruit. Just make sure at least 1 of them is frozen. It helps in the thickness. Enjoy!!!!